

1-	YEAR			Academic Year	
Body	Composition	n :			
	Height (in cm	Weight (in Kg)	Body Mass Index	Weight category :	
Physi	cal Activity	Test Status : If Yes	No 🗶		
		Student Tested	Test 1 Test 2	Test 3 Test 4	
		Absent on test Date			
	Reason if not tested	Medical Excuse			
	Be	Special needs / any other			
	ty: nts. Run nts. Run/Wa	Time taken (in sec.)	Test 1 Test 2	Test 3 Test 4	
Physic	al Director			Assoc	Dean, Student Affairs
				7,0000.	Boun, Gladoni Anano
11 -				Academic Year	South, Statistic Tillians
	YEAR	n·			Eduti, Gladolit Alliano
			Body Mass Index		Eduti, Guadite Attailo
	YEAR Composition		Body Mass Index	Academic Year	
Body	YEAR Composition Height (in cm			Academic Year	
Body	YEAR Composition Height (in cm	Weight (in Kg)		Academic Year	
Body	YEAR Composition Height (in cm	Weight (in Kg)	No X	Academic Year Weight category :	
Body	YEAR Composition Height (in cm	Weight (in Kg) Test Status : If Yes	No X	Academic Year Weight category :	
Body	YEAR Composition Height (in cm	Weight (in Kg) Test Status: If Yes Student Tested	No X	Academic Year Weight category :	
Body	YEAR Composition Height (in cm	Test Status : If Yes Student Tested Absent on test Date	No X	Academic Year Weight category :	

Assoc. Dean, Student Affairs

Physical Director

Ш	- YEAR			Academic Year	
Body	Compositio	n:			
	Height (in cn	Meight (in Kg)	Body Mass Index	Weight category :	
Physi	cal Activity	Test Status : If Yes	No X		
		Student Tested	Test 1 Test 2	Test 3 Test 4	
	g =	Absent on test Date			
	aso test	Medical Excuse			
	Reason if not tested	Special needs / any other			
Activi	•		Test 1 Test 2	Test 3 Test 4	
100 n	nts. Run	Time taken (in sec.)			
400 n	nts. Run/W	alk			
Physic	cal Director			Assoc. I	Dean, Student Affairs
IV	- YEAR			Academic Year	
		n ·			
	- YEAR Compositio Height (in cn		Body Mass Index		
	Compositio		Body Mass Index	Academic Year	
Body	Compositio Height (in cn		Body Mass Index No X	Academic Year	
Body	Compositio Height (in cn	n) Weight (in Kg)	No X	Academic Year	
Body	Compositio Height (in cn	n) Weight (in Kg)	No X	Academic Year Weight category :	
Body	Compositio Height (in cn cal Activity	Meight (in Kg) Test Status: If Yes	No X	Academic Year Weight category :	
Body	Compositio Height (in cn cal Activity	Test Status : If Yes Student Tested	No X	Academic Year Weight category :	
Body	Compositio Height (in cn	Test Status : If Yes Student Tested Absent on test Date	No X	Academic Year Weight category :	
Body	Height (in cn	Test Status : If Yes Student Tested Absent on test Date Medical Excuse	No X Test 1 Test 2	Academic Year Weight category : Test 3 Test 4	
Physi Activi	Reight (in cnumbers) Cal Activity The ight (in cnumbers) Cal Activity The ight (in cnumbers) The	Test Status: If Yes Student Tested Absent on test Date Medical Excuse Special needs / any other	No X	Academic Year Weight category :	
Physi Activi 100 n	Compositio Height (in cn cal Activity ty: nts. Run	Test Status: If Yes Student Tested Absent on test Date Medical Excuse Special needs / any other Time taken (in sec.)	No X Test 1 Test 2	Academic Year Weight category : Test 3 Test 4	
Physi Activi 100 n	Reight (in cnumbers) Cal Activity The ight (in cnumbers) Cal Activity The ight (in cnumbers) The	Test Status: If Yes Student Tested Absent on test Date Medical Excuse Special needs / any other Time taken (in sec.)	No X Test 1 Test 2	Academic Year Weight category : Test 3 Test 4	

Assoc. Dean, Student Affairs

Physical Director

Tips to increase your **Physical Activity**





breaks from sitting

Vadlamudi, Guntur Dist. A.P. - 522 213. Ph : 0863-2344700 | Toll Free 1800-425-2529 www.vignan.ac.in